

OUR #SMILE CHALLENGE



Tick me off each time you complete a #SMILE CHALLENGE activity throughout July - there is one for every day!



We are passionate about our children's health and wellbeing. During July we want to dedicate time to making our children #SMILE. Helping them to stay active, support their well-being, make them laugh and create positive memories.

Stay active

Let's get active! The best way to create that smile is to keep moving.



Mindfulness and well being

Good health and well-being is essential for people of all ages, and the best way to form healthy habits is to start from a young age.



Isolation games and activities

Boredom sparks imagination, but sometimes we all need a little help for ideas.



Laughter and fun

Laughing is, and will always be the best form of therapy.



Experiences - 31 days full of awe and wonder

There is no better moment than watching a child exclaim 'wow' in utter amazement.



#SMILECHALLENGE Photo Competition

Want to get involved in our
#SMILEchallenge photo competition?



SNAP IT!

Take a picture of you getting stuck into a SMILE challenge.

How?



POST IT!

Post it to our @
inspiringkindrednurseries facebook
page with #SMILECHALLENGE in
the caption.



LIKE IT!

Like our Kindred page so you
are the first to know who wins
the prize on 4th August 2020.

What?

Prize?

WIN £50 worth of high street vouchers this summer!

Dates?

Competitions closes on 1st August 2020 midnight.

Winner?

One lucky winner will be selected by our Senior Leadership Team
and announced on facebook on Tuesday 4th August.

Who?

Everyone and we mean **everyone**!

Current families, staff, prospective families... the list goes on!

We want to inspire **EVERYONE** to support their well-being,
make each other laugh and create #SMILE memories.

*Creating inspiring worlds full of awe and wonder
for little ones to grow and thrive in.*



Kindred
Inspiring Nurseries and Pre-Schools